

## HST 2009/10 Schedule

	<b>K-Stars</b>	<b>K1</b>	<b>K2/J</b>	<b>Optional Races</b>
28-Nov				
10-Dec		Hemlock Tentive Opening Date for Season		
12-Dec		Tech Free Ski	Tech Free Ski	
13-Dec		Stance & Balance Drills	Stance & Balance Drills	
17-Dec		Hemlock Ski Area Opens for Season		
19-Dec		Stance & Balance Drills	Stance & Balance Drills	Teck K1/K2/J GS/SL
20-Dec		Steering Drills	Steering Drills	@ WMSC
26-Dec		xmas break no training	xmas break no training	
27-Dec				
Dec 28-1		xmas camp	xmas camp	
2-Jan		GS Drills	GS Drills	
3-Jan	NGSL-Seymour	Train GS	Train GS	
8-Jan		Teck K1	Forerun K1 Kombi	
9-Jan		Kombi/3 x GS	Forerun K1 GS	
10-Jan		@ Hemlock	@ Hemlock	High School Race
Jan 14-17				Parson Teck 3xSG
16-Jan		SL Drills	SL Drills	High School Race
17-Jan		SL Train	SL Train	
Jan 22-24				Tech K1 Speed Camp
23-Jan		Kombi Drills	Teck K2/J 2 x SL	
24-Jan		SL Train	@ Mt Seymour	
30-Jan		Teck K1 SL/Kombi	Freeride	
31-Jan		@ Grouse Mt.	Skill Develoment	
Feb 2-5				K2 Prov SG - Pano
6-Feb		Freeride	Freeride	K2 Prov 2 x GS
7-Feb		Skill Develoment	Skill Develoment	@ Panorama
13-Feb		Freeride	Freeride	
14-Feb		Skill Develoment	Skill Develoment	
20-Feb		SL Drills	SL Drills	
21-Feb		GS Drills	GS Drills	
Feb 19-21				K1 Westerns - Norquay
27-Feb	Mt Wash-Toy SL	SL Train	SL Train	
28-Feb	@ Mt Wash	GS Train	GS Train	
Mar 5-7				BC Games - Terrace
Mar 4-7			K2 Provincials	
6-Mar	E2 race	Freeride	2 x GS /SL	
7-Mar	@ Grouse	Skill Develoment	@ Big White	
13-Mar	Sun Peaks	Freeride	Freeride	
14-Mar	Husky Festivale	Skill Develoment	Skill Develoment	
Mar 19-21				K1 Prov - Red Mountain
20-Mar		SL Train	SL Train	
21-Mar		GS Train	GS Train	
Mar 25-28				K2 Westerns-Revelstoke
27-Mar		SL Train	SL Train	
28-Mar		GS Train	GS Train	
2-Apr		K1/K2/J Zone Finals	K1/K2/J Zone Finals	
03-Apr		SG/GS/SL	SG/GS/SL	
04-Apr		@ Mt Washington	@ Mt Washington	